



**MOHAN
FOUNDATION**

Multi Organ Harvesting Aid Network

Life..... Pass it on

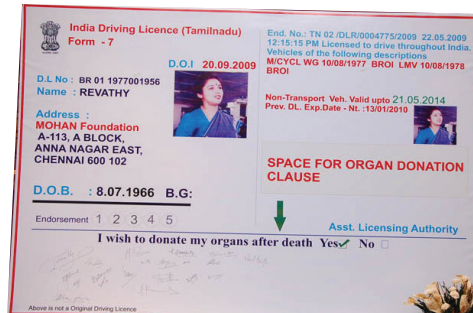
Rally for life – A bikethon for Organ Donation in Tamil Nadu

The day was unique and so was the theme – **ONE organ donor can save NINE lives.** “Rally for Life” – the motorbike rally, organised by MOHAN Foundation to promote organ donation, was flagged off on 09.09.09 at 09:09:09 am by Mr. T. Rajendran, IPS, Commissioner of Police, from Loyola College, Chennai.

The reason for undertaking this rally was the spurt in organ donation activity in the State from October 2008 to June 2009, when 109 organs have been donated by 36 deceased donors. MOHAN Foundation felt that this was the right time, literally, to take home the organ donation message to as many places in Tamil Nadu as possible. The six rally members, young men in their 20s working in different corporates, have been friends since school. They wanted to make a difference to society through their humanitarian work and expressed their willingness to undertake the 2000 km rally on their motorbikes. The rally covered nine major locations in Tamil Nadu – Vellore, Salem, Coimbatore, Madurai, Tirunelveli, Dindigul, Trichy, Thanjavur – and Pondicherry. At each of these locations, a function was held to felicitate organ donor families in that area, as they are the true ambassadors of the organ donation programme. In addition, organ donation awareness talks were also held. The enthusiasm and meticulous organisation by the hosts (doctors and hospitals) in each of the locations ensured that the rally went through seamlessly.

Awareness through driving license

The closing ceremony of “Rally for Life” was held on 20th September 2009, but it marked the beginning of another campaign – a campaign to include the ‘clause of



organ donation on the driving license’. With 80,000 deaths on the road and almost 40,000 of them being brain deaths annually, this simple inclusion on the driving license has the power to save many lives and wipe away the shortage of organs. Mr. Syed Munir Hoda, IAS, Additional Chief Secretary, Govt. of Tamil Nadu, Mr. S. Machendranathan, IAS, Transport Commissioner and popular actor/director and social activist, Ms. Revathy Menon took part as special guests. The highlight of the event was that 2500 signatures were handed over by Ms. Revathy Menon to Mr. Machendranathan supporting a request to incorporate the organ donation clause on the driving license.

“Rally for Life” marked the coming together of doctors, hospitals, NGOs, corporates, and individuals from different walks of life endorsing a gift that is priceless and invaluable – **the gift of life.**



Champions for Life

Transplant Coordinators' Training Programme



MOHAN Foundation has been supporting the cause of deceased organ donation since 1997. Over the years, we have been involved with more than 200 successful organ donations and have found that trained transplant coordinators are crucial to the success of the cause. We have been actively lobbying for some years now with the government to make a legal provision to appoint Transplant Coordinators. Our efforts have finally borne fruit! The Government of India in its recent gazette entitled THE TRANSPLANTATION OF HUMAN ORGANS RULES, 1995 (GSR NO. 51(E), date 4-2-1995) [As amended vide GSR 571(E), date 31-7-2008] has made transplant coordinator nomination mandatory before a hospital is registered as a transplant hospital. This would mean that any one of the 300 hospitals applying for renewal of its license would need to have a trained transplant coordinator in place.

MOHAN Foundation as part of its support services conducts Transplant Coordinators' Training Programmes of durations – one week, one month, three months and six months. The programme involves training social workers, medical and paramedical staff on counselling families of the "brain dead" patients to donate organs; coordinating the entire process of organ donation including retrieval

and transplantation. They are trained in all the aspects of counselling with intense one-on-one role play by very experienced Transplant Coordinators drawn from across the country. This strengthens the trainees' abilities to go back and counsel the families of "brain dead" patients independently. In addition to counselling, they learn the importance of working within narrow time frames and linking with recipient hospitals, the forensic department and the police (in medico-legal cases) to ensure that organs are retrieved optimally and the body handed over to the family with respect and in time.

The first full-fledged one month training course to train transplant coordinators was launched in Chennai in December 2009 and another week-long programme in Hyderabad in March 2010. In Chennai, 12 Transplant Coordinators were trained from diverse work milieus – the government health sector, the corporate health sector and NGOs. In Hyderabad, 36 Critical Care Nurses were trained.. The trainees were from Corporate Hospitals of Hyderabad and Visakhapatnam and Dr. Reddy's Foundation for Health Education. Experts from various fields of organ donation and transplantation were part of the faculty, which facilitated debate and discussion between the trainees and the experts.

At the end of the course, every participant was able to create a roadmap for initiating the organ donation programme in his or her hospital/city/region and work as the key resource person to spearhead transplant-related activities. The course also succeeded in creating a strong network of coordinators, which has further strengthened the organ donation movement.

For more information about our training program, please visit <http://courses.mohanfoundation.org>

The Transplant Coordinators' Training Programme is supported by Navajbai Ratan Tata Trust.

World Kidney Day

March 11th, 2010 was observed as World Kidney Day to create awareness about kidney related diseases and the preventive measures to be taken to keep the kidneys healthy. The theme for the year 2010 was "**Protect your Kidneys – Control Diabetes**".

MOHAN Foundation in Chennai, took this opportunity to lay a wreath on the "Organ Donors Memorial" at Loyola College. Some of the organ donor families along with trustees and staff of MOHAN Foundation were present.

In Hyderabad, MOHAN Foundation felicitated the "Real Life Heroes", the families of the deceased organ donors. The volunteers, families of the organ donors and the kidney recipients paid their respects to the deceased organ donors by lighting candles as a mark of respect and thanksgiving. The event was sponsored by Corporation Bank, Hyderabad.



Sai Akshit makes the “Penultimate Gift” for the New Year



All of us make New Year Resolutions. But, nothing in this world can ever match the resolution made by Mr. Ravindra Babu, a simple, but path breaking one.

On the morning of 28th December, Ravindra Babu’s 14-year-old son, Sai Akshit, along with his uncle, was travelling on a two-wheeler near Kukkatpally area, when a lorry hit them. This resulted in severe head injury for both. As Sai was the pillion, he suffered severe injury, which resulted in extensive bleeding from his head. Sai was rushed to a hospital where he was declared “brain dead” on 29th December. Ravindra Babu (fondly called Ravi by his friends) was deeply shocked, totally dazed and was in a state of denial. His friends and colleagues did everything to bring him out of shock, but in vain. Finally, Murthy, who is his long time friend and colleague mustered courage, and decided to break the ice. His memories went back to June 2002, when his then colleague, Mr. Srinivasan’s wife, Alamelu, met with a similar accident and was declared “brain dead”. He remembered how Mr. Srinivasan was motivated by Mrs. Lalitha Raghuram of the MOHAN Foundation, to donate his wife’s organs. All that Mr. Murthy said to Ravi was that Mr. Srinivasan had donated her two kidneys and eyes, through which four people have got a new lease of life. Murthy narrated the story of Mr. & Mrs. Raghuram of MOHAN Foundation, who had lost their son following a car accident, and how they donated his organs. That was enough to ignite Ravi’s ever helpful and determined mind. Within 10 minutes, he requested Murthy to get the MOHAN Foundation’s telephone numbers. Murthy swung into action and called Mr. Raghuram of the MOHAN Foundation.

On 30th December, Ravi spoke to Mr. Raghuram at length and said that he will give his consent after consulting his wife, Lakshmi. He promptly called back and said that his wife has consented and that they have decided to donate Sai’s organs. The MOHAN Foundation representatives, despite a bandh call in the city, coordinated with the police, forensic and all the hospitals immediately and ensured retrieval of Sai’s kidneys, liver, heart valves and eyes.

Murthy fondly remembers Sai Akshit as a shrewd and hyperactive kid. “I have seen him right from his birth”, and unfortunately, I am seeing his death,” he said with tears in his eyes. Ravi, with his face filled with sorrow, says, “**Sai will not only remain in our memories, but will live in seven people. I am glad we took the right decision!**”

What a unique gift for the New Year! May God bless Ravi, Lakshmi and his entire family with the courage to bear this irreparable loss of a bright boy!



Public Education Programmes

We organize at least two public education programmes every week to a cross section of people. Following are the organizations and institutions where we conducted awareness programs during this period:

Andhra Pradesh:

◆ Rotary Club of Hyderabad ◆ St.Mary’s College of Engineering, Hyderabad ◆ Government Degree College, Hyderabad ◆ Dr. Reddy’s Foundation for Health Education, Hyderabad ◆ NCC Gymkhana Grounds, Hyderabad ◆ St.Aloysius College Institute of Social Work, Mangalore ◆ Senior Citizen Forum, Hyderabad ◆ Lions Club International D324-C6, Hyderabad ◆ Mathru Mandhir School Representatives, Hyderabad ◆ Lions Club Viktory Regional Conference, Hyderabad ◆ Prema Nursing College, Vizag ◆ Birla’s Sunlife Insurance Agents & National Insurance ◆ Reliance Insurance Agents, Vizianagaram ◆ Hyderabad Central University, Hyderabad ◆ Deccan Medical College, Hyderabad ◆ Lions Club International Club, Hyderabad ◆ Sangamithra School, Hyderabad ◆ Mathru Mandhir School Annual Celebration, Presentation on Organ Donation for Parents & Staff

Tamil Nadu:

◆ SSN College of Engg ◆ Rally For Life Loyola College ◆ Accelerating organ donation through driver’s license ◆ SIP Academy Trade Center ◆ Ride a thon HCL ◆ TIDC ◆ Merrill Lynch ◆ IIT Sarang ◆ Indira Group of Institutions ◆ Tamil Nadu Driving School ◆ Moopanar Sangam ◆ R.R. Donnelley Global BPO ◆ Madras Christian College, Tambaram ◆ K Tape Workshop ◆ Accenture – MGM ◆ GK Vidya Mandir ◆ State Bank of India ◆ Actavis ◆ Accenture ◆ Scintel Technologies ◆ Madras School of Social Work ◆ Dharmamurthi Rao Bahadur Calavala Cunnan Chetty Hindu College, Avadi

Invaluable donations so far – Andhra Pradesh

Year	Kidneys	Liver	Heart	Heart valves	Eyes	Total
2009	28	8	1	16	60	113
2010 (Upto April)	10	5	–	8	24	47

We Need Your Support

All services rendered by MOHAN Foundation are absolutely free. We survive purely on the philanthropy of the community. Your support by way of membership, sponsorships or any contribution is most welcome. Your donations are 50 per cent tax exempt under section 80G and 100 per cent tax exempt under section 35 AC of IT Act 1961.

Security Officer did his duty even after death!



HYDERABAD: The untimely demise of the private security officer in an accident did not sadden his family. On the contrary, the family members put up a brave front and believed that despite his death, Venugopal will live on.

"Venu was helpful by nature and keeping that in mind we decided to donate his organs to the needy,"

recalls his cousin Ganesh.

While travelling on a two-wheeler, Venugopal was hit by a speeding car on the Nagarjunasagar road on April 10. He was rushed to Kamineni Hospital immediately and fought for his life for the next two days. With no improvement in his condition, on April 12, the hospital doctors declared him brain dead.

"We are glad that he is helping others in his death too. We were contacted by grief counsellors of MOHAN Foundation who highlighted the need to donate organs to the needy. The decision to donate organs was a collective one and was taken after discussing with Venu's wife Swapna, in-laws and his parents," Ganesh said.

Till now (between 2002 and April 2010), the Foundation has facilitated transplantation of 58 livers, 158 kidneys, eight heart transplants, 24 heart valves and 204 eyes to the patients at Hyderabad.

MOHAN in Vizag

Thanks to the generosity of the L V Prasad Eye Institute, we could set up an office on their premises in Hanumanthawaka in Visakhapatnam. A trained Transplant Coordinator has been placed to take care of the organ donation related activities.

The first multi-organ donation after starting our office was from a 74-year-old gentleman, Sri. Rangachary on 24th March, 2010. Sri. Rangachary had conveyed his wish to make an organ donation in his diary and his family promptly fulfilled his wish.

Volunteers' Day



The concept of organ donation has ignited several minds. Enthusiasts from different walks of life have been showing enormous interest in becoming volunteers. Hence, we started monthly Volunteers Day from January 2010. Several volunteers participated and vowed to take organ donation message to their family, workplace, friends and all those interested in the cause.

Do you want to be our Volunteer? Please write to us or call us NOW! We need you.

Membership Form

Date _____

I/We wish to join MOHAN Foundation as a member.

I/We remit herewith Rs. _____ by Bank Draft No. _____ drawn on Name _____

_____ Designation _____

Organisation _____

Address _____

_____ Pin _____

Tel _____ Fax _____ Email _____

Signature _____

Please send Membership fee by Demand Draft in the name of **MOHAN Foundation** payable at Hyderabad or Chennai.

Membership Fee

Category	Life
Individual	Rs. 2,000/-
Institutional	Rs. 5,000/-
Corporate	Rs. 5,000/-

Hyderabad: 6-3-634, Flat # B-1/A, 2nd Floor, Green Channel, Khairatabad, Hyderabad 500 004. Phone: 040-66 369 369

Chennai: Toshiwal Building - 3rd Floor, 267 Kilpauk Garden Road, Kilpauk, Chennai 600 010. Phone: 044-26447000

Visakhapatnam: C/o. L V Prasad Eye Institute, GMR Varalakshmi Campus, 11-113/1, Hanumanthawaka Junction Visakhapatnam 530 040. Mobile : 99498 03498

www.mohanfoundation.org