



# 2021-2022 ANNUAL REPORT



### **ABOUT US**

MOHAN Foundation (Multi Organ Harvesting Aid Network), a not-for-profit, non-governmental organistion promoting and enabling ethical organ donation and transplantation was established in 1997. It is registered as a Trust vide Register No. 285 of 98 dated 4th August 1997 in Tamil Nadu and has Income Tax exemption under Section 80G. It is an approved recipient under the Foreign Contributions Regulatory Act, 1976

### **HISTORY**

January 12, 1997 - MOHAN Foundation started its journey in Chennai to give patients with organ failure a new lease of life. Organ donation and transplantation has made it possible for people with organ failure to look forward to a brighter tomorrow filled with hope and promise. It is the brainchild of a group of highly motivated, concerned and non-commercial group of practicing medical professionals and non-medical professionals to promote the cause of "Organ Donation".

### VISION

To ensure that no Indian is left behind for want of an organ

#### **MISSION**

To ensure that every Indian that is suffering from endstage organ failure be provided with the gift of a "New lease of Life", through a lifesaving organ transplant



MOHAN USA, Inc. is a 501(c)(3) registered non-profit organization that was formed to increase awareness about organ shortage and promote transparency and ethical organ transplantation in India and the rest of the world.

#### **ACTIVITIES**

The Foundation envisages accomplishing this mission through the following activities:

- Creating public awareness among a cross-section of the population
- Training health care professionals in transplant coordination
- Counselling families of "brain dead" victims to donate their loved ones' organs
- Creating a computerized network for logistic support for organ donation in hospitals and the utilization of organs

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- Liaising with Government (State and Central) to pass favorable legislation that will help increase organ donations in India
- Networking with other organ procuring organizations in the country
- Initiating Patient Support Group to provide hope to transplant recipients and organ failure patients



### **BOARD OF TRUSTEES**



**Dr Sunil Shroff** Founder & Managing Trustee Consultant Urologist & Transplant Surgeon



Dr T K Parthasarathy Pro-Chancellor Sri Ramachandra Medical College & Research Institute



Dr Georgi Abraham Consultant Nephrologist & Founder Trustee -**TANKER Foundation** 



Dr George Kurian Prof & HOD Gastro-Intestinal Medicine Pondicherry Institute of Medical Sciences



Dr K Ravindrananth Chairman & Managing Director Global Hospitals



Dr Gullapalli N Rao Awarded Padma Shri- 2002 Founder-Chair L V Prasad Eye Institute



Ms Bhavna Jagwani Convenor - MFJCF Vice-President - EBSR (Eye Bank Society of Rajasthan)

### **ADVISORY MEMBERS**



Dr. Satya Vrat Sharma, MBE, DL Promoting Organ Donation (POD) NHSBT, UK



Dr Sridhar Nagaiyan Kauvery Hospital, Chennai (Former NHSBT Regional Director for Organ Donation, Midlands, UK)



Head - Department of Cardiology Fortis Escorts Heart Institute



Dr Ravi Mohanka Transplant and Hepato-Biliary Surgery Global Hospitals, Mumbai



Medicine and Nephrology University of Rochester, New York



Ms. Kim Verma Modi President and Managing Trustee Verma Medicine Research Trust



Dr Samiran Nundy Trustee Sir Ganga Ram Hospital



Dr Avnish Seth Director - Fortis Organ Retrieval & Transplant (FORT)



Mr Rohit Toshniwal Toshniwal Group of Companies



Managing Director Salarpuria Sattya Group



Retd. Chief Election Commissioner of India



Co-Founder - Sifv



Executive Coach - COSM Senior Advisor - Elevar Equity National Talent Partner for Deloitte Risk Advisory Services



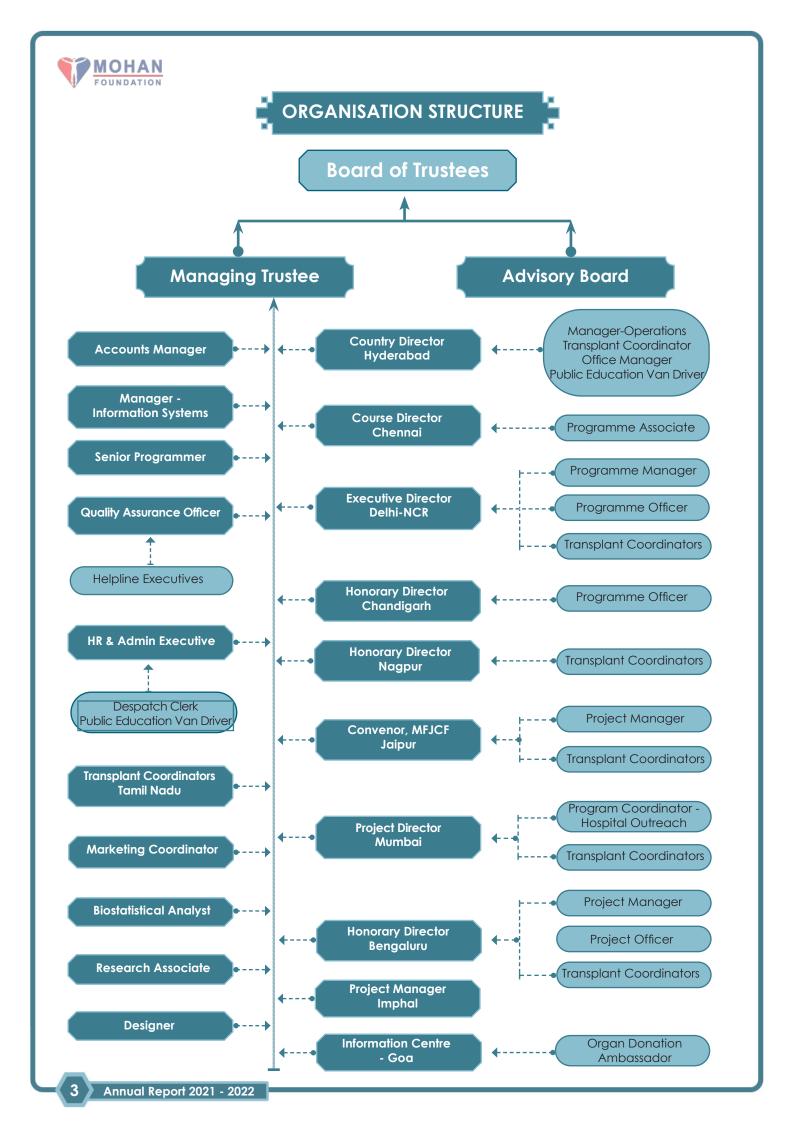
Co-Founder & Director Medindia.net



Mr Rajiv Arora Chairperson - Jaipur Citizen Forum Founder - Amrapali



Mr Ramesh Sharma Retd. Director General of Police, Madhya Pradesh



### **APRIL 2021 - MARCH 2022**

### CREATING AWARENESS



Public education programmes - 600

Hospital sensitisation programmes - 120

Information stalls - 39

Public educated - 78000

Ambassadors trained - 123

### **TOLL FREE HELPLINE**

No. of calls counselled - 7085

Imapct of Helpline counselling









1800 103 7100

English, Hindi, Marathi, Kannada, Malayalam, Tamil, Telugu, Oriya

### TRAINING



Face-to-face training - 57 participants

Online training - 323 participants

General public - **52** participants

### COUNSELLING

Organ and tissue donations facilitated by transplant coordinators trained by MOHAN Foundation



















### STATE TRANSPLANT REGISTRY



Tamil Nadu - www.tnos.org

Kerala - www.knos.org.in

Rajasthan - www.rnos.org



#### **CREATING AWARENESS**

MOHAN Foundation regularly organises awareness events to a cross section of population. Educating the public about organ donation has been our constant endeavour for the last 25 years. Over 2.6 million donor cards have been distributed in different languages. The Foundation also has literature on organ donation and prevention of different end-stage organ diseases.











### Highlights

### **Celebration of Organ Donation Week**

All the offices of MOHAN Foundation observed Organ Donation Week from August 7 - 13, 2021. Multiple awareness talks, online sessions, stalls, information desks, rangoli competition, photography competition were organised to reach out to maximum number of people so that everyone is sensitised about organ donation, its need and more people can come forward and pledge their organs.

#### **Photography Competition**





MFJCF, in partnership with Nevania Arts, organised photography competition on the theme of 'Angdaan and Recycle Life.' A total of 40 photographs were received, from which the judges selected the best three entries and announced the winners on July 4, 2021.

### **Rangoli Competition**







The 3<sup>rd</sup> edition of Rangoli Competition with the theme of Organ Donation 'Azhiyadha Kolangal III', in collaboration with Chennai Metro Rail was held online in March 2022.

Around 263 participants registered (152 teams). Overall 102 designs were submitted from Tamil Nadu, Odisha, Maharashtra, Karnataka, Punjab Telangana and other states. Ten best submissions were invited for a zoom based interactions for the finals held on March 10, 2022, the World Kidney Day.



### Celebration of Life - A Virtual Concert by Padma Shri Usha Uthup in aid of Organ Donation

MOHAN USA, organised a virtual concert on the evening of 31<sup>st</sup> December 2021 by Padma Shri Smt. Usha Uthup to support the cause of organ donation and the work undertaken by MOHAN Foundation.

Smt. Usha Uthup enthralled the audience with a variety of songs in different languages and also spoke about organ donation and appealed to the audience to pledge to donate organs and save as many lives as possible.





The concert was streamed live on MOHAN Foundation's YouTube and Facebook. There were 534 views on YouTube and 376 views on Facebook. This event was held in partnership with Indian Fine Arts Academy of San Diego (IFAASD) and MOHAN Foundation - Jaipur Citizen Forum (MFJCF). The financial donors were thanked for their generosity. This generosity comes as a shot in the arm for our life saving work.

### The Nizami Bandhu in a new avatar in aid of "ANUDAAN- Making transplants affordable"

MOHAN Foundation in association with SBI Foundation & SBI Card put together a concert on Sufi music with The Nizami Bandhu of the 'Kun Faya' fame in the movie Rockstar. This event was held on March 19, 2022 and was an endeavor to raise funds for underprivileged patients who require lifesaving transplants. The concert was live on YouTube and Facebook, on the eve of Holi, to celebrate the COLOURS OF LIFE by the beautiful act of Organ Donation for those who are waiting for a second chance at life but most importantly, a celebration of the spirit of giving. Organ transplant costs are exorbitant and not many government hospitals perform transplants. As a result, many poor are unable to avail this advancement of medicine. Through this concert, we urged the audience to join hands with us and contribute to MOHAN Foundation's initiative - "Anudaan - Making Transplants Affordable" to save the lives of patients with end stage organ failure. The event reached 1308 views in Facebook and 163 views in YouTube.





Mr Lalit Mohan, President and COO, SBI Foundation expressing his support towards the cause of organ donation



### **Organ Donation Toll Free Helpline**

National Organ Donation Toll Free Helpline was initiated in 2013. The objective of the helpline is to offer information, support, guidance and referral for all those concerned with any aspect of organ donation and transplantation

### Helpline counselling impact

No. of calls counselled : 7085

Body Donation : 7

Cornea Donation : 60

Skin Donation : 6



### **Organ Donation Ambassadors (ODA)**

In January 2021, MOHAN Foundation launched a very unique online programmes for interested volunteers to become Organ Donation Ambassadors (ODA). The Foundation has always been inundated with requests from volunteers, especially the young, to involve them in our efforts to spread awareness and enable them contribute towards increasing the number of donations in the country. The Foundation has been doing workshops and training sessions in this direction, however the COVID-19 pandemic and the subsequent lockdowns gave an impetus to our efforts to create a structured online training programmes to train organ donation ambassadors.



An online 4-Hour, learn-at-your-pace certificate course on organ donation



A 2-hour activity based, interactive session (virtual) with MOHAN Foundation team and invited experts



Duly trained and certified Ambassadors undertake activities to raise awareness on organ donation.



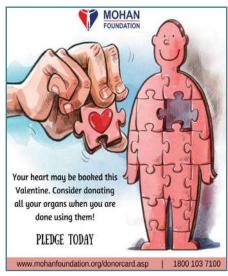
Mrs Praveen Mahajan,
Ambassador, conducting
an awareness talk for the
Employees of Adventure Resort
Kufri, Shimla - February 2022



Mr Aditya Kumar

The Gift of life' Online eLearning course was brilliant and well curated. The Module 2 - Interactive sessions were nicely done in times of COVID19 pandemic. Good to see volunteers taking many steps to spread awareness.

An interactive way of learning with a good delivery of design and technology in the course material would be really helpful.



Awarness poster designed by Mr Madhav, an Ambassador - March 2022



### **PUBLIC EDUCATION - GALLERY**



Loyola College, Chennai, March 2022



All India Radio Station, Chennai, November 2021



BSNL Office, Bengaluru, November 2021



CEN Police Station Bengaluru, October 2022



Government College of Nursing, Hyderabad, November 2021



CRPF employees, Hyderabad, March 2021



Lions Clulb, Goa, August 2021



The cause travellers, Goa,
December 2021



Adani Electricity Office, Bandra, Mumbai, February 2022



Nrityanjali Dance Class, Bhandup, Mumbai, February 2022



CIIHO Hospital, Dhantoli, Nagpur, June 2021



Organ Donation Awareness Stall by Aam Aadmi Party, Nagpur, June 2021





CK Birla Hospital, Jaipur, March 2022



Aapna Ghar Oldage Home, Jaipur, October 2021



Literature Festival, Jaipur, March 2022



Shija Hospital, Imphal, December 2021



ICAI Abu Dhabi - Delhi chapter, September 2021



Aakash Healthcare Super Speciality Hospital, Dwarka, August 2021



Civil Surgeon Office, Rohtak, Haryana, July 2021



Anadale Public School, Panchkula, Haryana - November 2021



DAV College, Sector-10, Chandigarh, March 2022



Apollo Institute of Hospital Management and Allied Sciences, Chennai, March 2022



Parappana Agrahara Police Station, Bengaluru, July 2021



Sri Ramachandra Institute of Higher Education and Research, Chennai, December 2021



### **TRAINING**

MOHAN Foundation's competence training health care professionals core is in the area of donation following organ transplantation. The initiative includes the and training

### **Courses offered by MOHAN Foundation**

#### **Professional Courses**



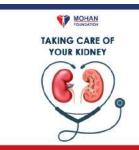






#### **Courses for General Public**





## MOHAN FOLIMINATION SURGICAL RETRIEVAL COURSE ON MULTI - ORGAN DONOR PROCUREMENT SURGERY

**Surgical Retrieval Course** 

**Candidates** from India

421

Total number of beneficiaries

Candidates from other countries

### **Training Programmes for Transplant Coordinators**

The Transplantation of Human Organs (Amendment) Act, 2011, has made Transplant Coordinator nomination mandatory for a hospital to register as a transplant center. To address the training professionals, cadre of health-care MOHAN Foundation "Transplant started the Coordinators' Training Programme" in 2009, the first of its kind structured course in South Asia.



### **Face-to-Face One-Week Transplant Coordinators' Training Programme**

#### Chennai - March 21 - 25, 2022





The one-week face-to-face **Transplant** Coordinators' Training Programme was attended by a total of 22 participants from different parts of the country - Tamil Nadu, Puducherry, Andhra Pradesh, Karnataka and Rajasthan. The participants were from varied backgrounds such as nursing, social work, hospital administration, dialysis technology and physician assistant. The training programme concluded successfully with a valedictory function. Dr Amalorpavanathan J, Former Convenor - Transplant Authority of Tamil Nadu (TRANSTAN) graced the occasion as special guest. Rtn. Vijayagopal Reddy, Rotary Madras Southwest (RMSW) & Managing Trustee, Dodla Parthasarathy Reddy and Lalithamma Trust also joined the function as an invited guest. 'Transplant coordinators play a pivotal role in transplant programme and the success of this programme lies on effective coordination and counselling', said Dr Amalorpavanathan J.

### Delhi-NCR - March 22 - 26, 2022

MOHAN Foundation in partnership with MOST (Manipal Organ Sharing & Transplant) conducted a training programme on Transplant Coordination from March 22 to March 26, 2022 under the aegis of National Organ & Tissue Transplant Organization (NOTTO). The training drew 35 delegates from 7 states: Haryana, Rajasthan, Delhi, Manipur, Gujarat, Sikkim and Uttar Pradesh. They included transplant coordinators, nurses, managers, medical, senior executive, nurse educator, associate consultant, medical officer, marketing executive, and counsellors.

On the last day of the training, a panel discussion and an open house were organised to address the participants' questions. Dr Harsha Jauhari (Senior Consultant, Department of Renal Transplant Surgery, Sir Ganga Ram Hospital), Ms Lalitha Raghuram (Country Director, MOHAN Foundation), Dr (Lt Gen) CS Narayanan (Head, Neurology, MHD), Dr Archana Kumari (Consultant Coordination, NOTTO), Dr Anurag Saxena (Head, Neurosurgery, MHD), Dr Srikanth Srinivasan (Head, Critical Care, MHD), and Ms Nomita Sarkar (Head, Nursing, MHD) were among the panelists. The pannel discussion was moderated by Dr (Col) Avnish Seth (MOST) and Ms Pallavi Kumar (Executive Director, MOHAN Foundation).







### **Online Training Programmes**

### **One-month Transplant Coordination Professional Certificate Course**

Experience the "Best of Both Worlds" through Online and Real-time Learning

This short-term E-learning course has been designed exclusively for candidates with hospital experience who want to pursue Transplant Coordination. Apart from e-modules, the participants got to experience weekend webinars with lectures by guest speakers on key topics, review of study material, interactive sessions, and counselling role plays. It is learning that offers the "Best of Both Worlds."



Prof Nithya Krishnan talking on living donor assessment and evaluation in UK - April 2021



Ms Trilly Rachel Mathew (Delhi NCR) briefing the list of documents required for living donation December 2021



Basic concepts of organ donation & transplantation by Ms Sujatha Suriyamoorthi - February 2022



Mr Nikhil Vyas (Ahmedabad) speaking on Deceased **Donation Coordination - March 2022** 





#### Mr Amish Pathak, Nepal - March 2022 Batch

Thank you MOHAN Foundation for designing such a wonderful course. We were honoured to be a part of it. We also look forward for further assistance and cooperation in future with your esteemed organization. We hope with this course our team can implement the knowledge learned during this one month of academics.



## One-year Post Graduate Diploma in Transplant Coordination & Grief Counselling

unique blended learning (E-learning and contact sessions) for working health care professionals

MOHAN Foundation offers a structured one-year certificate course for transplant coordinators where they can learn at their own pace. This course helps the transplant coordinators to expand their knowledge and upgrade their skills in transplant coordination.

#### **Course Structure**











- India
- Botswana
- UAE

The 2021 batch of the one-year online 'Post Graduate Diploma in Transplant Coordination and Grief Counselling' successfully completed their course in December 2021. As part of the course, contact sessions were conducted virtually on the Zoom software platform. The sessions focused on the counselling process, approaching grieving families for organ donation, soft skills for transplant coordinators, communication skills in healthcare management, resolving conflict and stress-proof oneself, transplant law in India, the role of a transplant coordinator in the deceased donation and living donor transplant coordination.



Stages of grief explined by Ms Bhavana Shah, Sr. Executive - Administration & Transplant Coordinator, Wockhardt Hospitals, Mumbai



Lt. Col. Meenakshi Devi Sharma Army Institute of Cardio-Thoracic Sciences (AICTS), Pune

Over all the course has imparted new knowledge to me and hopefully it will help

me in my professional career. The course is well structured and coordinated well; it helped me to gain the required knowledge with ease. I'm feeling confident gaining the knowledge and would like to explore more professional opportunities in the area.



Healthcare Management & Communication by Dr Suryakumari, Founder and President, The Academy of Life and People Skills, Chennai



### Ms Tebogo Bantshi, Princess Marina Hospital, Botswana

The course was quite interesting. I have learned a lot about organs which are being transplanted. I also learned the importance of involving family members, especially on the retrieval of the organs. My challenge with the course was the time differences but besides that I'm happy with the outline of the course. My recommendation will be, include Degree for higher level of recognition of the course.



### **Legal Aspects of Organ Donation and Transplantation**

A 30-hour online course, "Legal aspects of organ donation and transplantation" was launched by MOHAN Foundation on January 6, 2022. The course aims to benefit the medical, paramedical and administrative personnel in hospitals and help them gain knowledge about the legal aspects of organ donation and transplantation in India. The course was launched by Dr Vikas Mahatme, Member of Rajya Sabha & Founder Medical Director of Mahatme Eye Bank Eye Hospital, Nagpur. Also present was Dr Rajneesh Sahai, Director, National Organ & Tissue Transplant Organization (NOTTO). As part of the launch, a panel discussion on "Critique of the Act - 25 years later" was organised. Various experts were invited to revisit the Act and critique it to better understand gaps and future recommendations. the launch, a panel discussion on "Critique of the Act - 25 years later" was organised. Various experts were invited to revisit the Act and critique it to better understand gaps and future recommendations.



Inaugural address by Padma Shree Dr Vikas Mahatme Member of Rajya Sabha



#### Family Counselling and Conversations on Organ Donation







A 15-hour online course "Family counselling and conversations on organ donation" was introduced by MOHAN Foundation in December 2021. This course helps the learners not only to understand emotionally intensive conversations with grieving families but also equips them to offer the option of organ donation with sensitivity and empathy. The online modules include simulations of family conversations and case studies.



### Surgical Retrieval Course On Multi - Organ Donor Procurement Surgery

Optimum organ retrieval perfusion and preservation are the basis of delivering quality organs for transplantation and have an impact on both short and long term graft outcome. Standardization of surgical techniques is important in a network that shares organs between hospitals. The certificate course will give access to the online materials and videos for a year and after successful completion of all the modules the participants will be rewarded with the certificate.



#### **Cources for General Public**

A wide range of online courses are offered for general public introducing basic concepts of organ donation and transplantation, preventing and managing organ failure. These courses are designed not only to improve the knowledge and attitude of general public towards organ donation and transplantation, but also to educate the public with authenticated information about preventing end stage organ diseases.

### Gift of Life - Certificate Course on Organ Donation

This one-day course introduces basic concepts of organ donation and transplantation to improve the knowledge and attitude of general public towards organ donation and transplantation.

This is open for general public who is interested in learning more about organ donation and would like help patients suffering from end stage organ failure by spreading the noble cause.

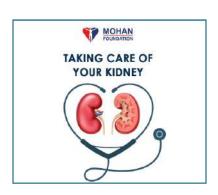


### Ms Samiksha Ingale

An excellent, professionally prepared course. Very informative. Different aspects about organ donation, that are always grey areas in people's minds, are well covered and answered. I have found this course intellectually stimulating and gained a lot of knowledge. I was very impressed with the way words are used to make the thoughts more valuable. Thank you for this opportunity.

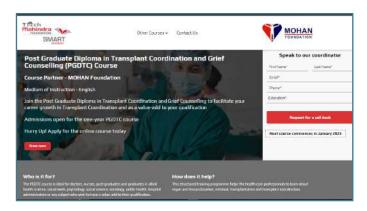
### Taking Care of Your Kidneys

'Taking care of your Kidneys' is a course that empowers the general public with validated information about kidneys. This course helps the public not only to make healthy choices but also to train them on how to recognise the early symptoms and signs of kidney disease. This course is a must for anyone who has a relative with kidney disease or if they are prone to chronic kidney disease.



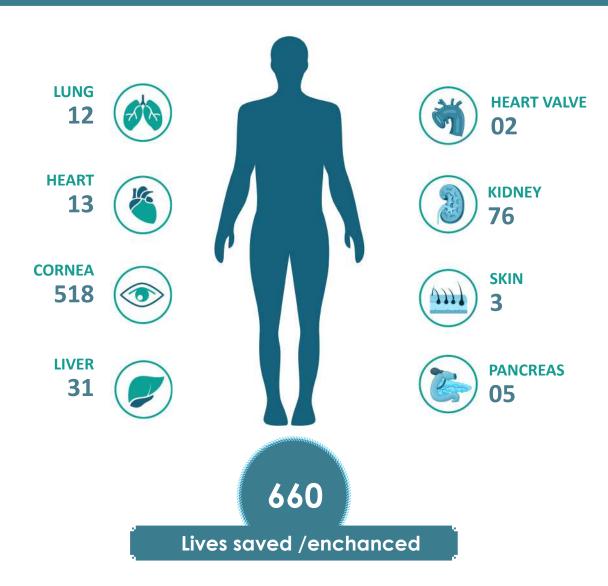


### **Tech Mahindra Foundation SMART Academy Launches MOHAN Foundation's Online Courses**



MOHAN Foundation has collaborated with Tech Mahindra Foundation SMART Academy to support the cause of organ donation and transplantation with an aim to train youth in transplant coordination for saving lives. MOHAN Foundation's three online courses - 'Gift of Life'- one-day Certificate Course on Organ Donation, one-month Transplant Coordination Professional Certificate (TCPC), one-year Post  $Graduate\,Diploma\,in\,Transplant\,Coordination\,and\,Grief$ Counselling (PGDTC) are now linked to the SMART Academy portal. MOHAN Foundation and Tech Mahindra Foundation SMART Academy announced this partnership on all their social media platforms.

### Organ and tissue donations facilitated by transplant coordinators trained by MOHAN Foundation





### 14th Annual International Conference held virtually under the aegis of ISOT

Network and Alliance of Transplant Coordinators (NATCO), in association with MOHAN Foundation, under the aegis of Indian Society of Organ Transplantation (ISOT), held its 14<sup>th</sup> Annual International Conference virtually on 9<sup>th</sup> and 10<sup>th</sup> October 2021. It took place alongside the 31<sup>st</sup> Annual Conference of the Indian Society of Organ Transplantation, a hybrid conference in Kochi. The event was supported by ZTCC Pune and SBI Foundation.

The theme of the conference was 'Towards Newer Horizons, and focus areas were organ/tissue donation and transplantation during COVID 19 - domestic and international experiences, transplant pregnancy registry, paediatric donations, directed donations, activities of NGOs in the field and a glimpse into face transplantation. Around 100 national and international delegates including transplant coordinators, NGO representatives and individuals working towards promoting the cause attended the conference. Speakers, chairpersons and panel members were eminent professionals from the fields of medicine and academia from all over the world.



Dr Kathy Coffman, Department of Psychiatry and Psychology, Cleveland Clinic Main Campus, USA speaking on 'Caveats in the psychological evaluation of face transplant candidates



Dr Avnish Seth, Director, Fortis Organ Retrieval & Transplant (FORT), New Delhi moderating the session on directed donations



Dr Vasanthi Ramesh, Ex. Director NOTTO charing the session on 'Best practices to improve donation rates-experience sharing by international experts

Mr Howard Nathan, President & CEO Gift of Life Donor Program, USA, delivered the Swamy Naryan Memorial Oration. Mr. Nathan spoke about his journey in the transplantation field – starting out as a transplant coordinator to heading the nation's largest organ procurement organisation, and how the programme has evolved in the US. The conference included paper presentations by transplant coordinators (international and domestic). At the Valedictory ceremony held on the 9th October 2021, Mrs. Lalitha Raghuram, Country Director, MOHAN Foundation welcomed the Chief Guest Ms. Manjula Kalyanasundaram, Managing Director & CEO of SBI Foundation and thanked her for the support. Ms. Kalyanasundaram acknowledged the efforts of the organisers and appreciated the determination and commitment of the transplant coordinators. The nominees for the Swamy Narayan Best Transplant Coordinator Award, presented their work from past year and Ms Prarthana Dwivedi of Indira Gandhi Govt. Medical College Hospital, Nagpur bagged the award.



Ms Manjula Kalyanasundaram, Managing
Director & CEO of SBI Foundation announcing
the winners



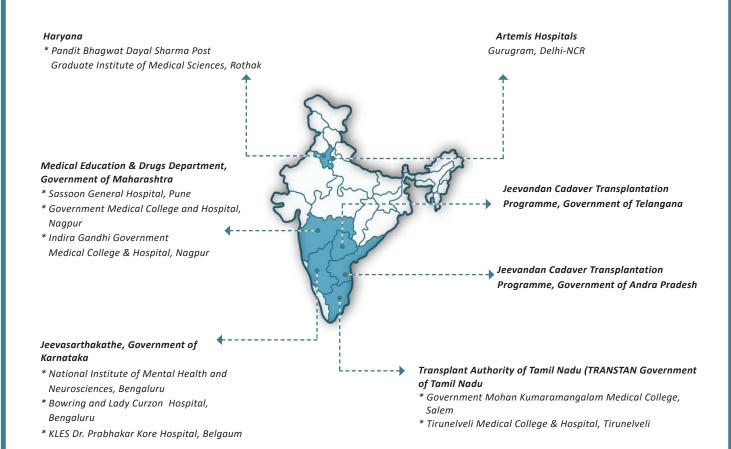
Ms Pallavi Kumar, Executive Director-NCR, MOHAN Foundation thanking the chairpersons and speaker



#### COUNSELLING

MOHAN Foundation has entered into a Memorandum of Understanding (MoU) with a few state organizations / private hospitals to provide counselling and deceased donation coordination services by placing trained transplant coordinators.

- \* Counselling families of brain dead patients
- \* Approaching for organ donation
- \* Coordinating donation process
- \* Counselling and facilitating tissue donation after cardiac death
- \* Setting up Standard Operating Procedures (SOPs) and multidisciplinary hospital teams
- \* Conducting on-going sensitisation programmes for hospital staff
- \* Public advocacy













#### PATIENT SUPPORT GROUP

TRIOMPH (Transplant Recipients of India and Organ failure Patients - a Movement to Provide Hope), is a Patient Support Group initiative by MOHAN Foundation. It is committed to improving the quality of life of organ failure patients, transplant recipients and their families. Through its city-wise network of chapters, TRIOMPH strives to serve its members in the areas of education, support, awareness and advocacy.



## Transplant Recipients of India & Organ failure patients - a Movement to Provide Hope

A PATIENT SUPPORT GROUP

#### #GetFitwithTRIOMPH

Fitness is paramount, post and pre transplant. #GetFitwithTRIOMPH - A series of webinars were conducted to encourage and motivate the transplant recipients to stay healthy and fit.

#### Dialogues with a Kidney Recipient & Marathoner

Ms Shibani Gulati, a kidney recipient of 11 years and a national and international marathoner - May 2021

Ms Shibani Gulati stressed on having one's own fitness goals, finding the right trainer and pushing oneself with discipline, to get fit. She also shared that finding an exercise buddy and fixing up mini goals will help motivating each other.







### Dialogues with a Kidney Recipient & Gold Medalist in National Transplant Games

Mr Kishor Suryavanshi, a kidney transplant recipient of 14 years and a badminton player who represented India at World Transplant Games - June 2021

Mr Kishor Suryavanshi shared his experience of participating in the National Transplant Games since 2012. He won gold thrice and furthermore, he represented India in World Transplant Games in 2019 at Newcastle, UK. He encouraged any and every transplant recipient or donor to reach out to Indian Federation and participate in National or World Transplant games.

Mr Kishor shared about his love for cricket and other sports from a very young age and how it helped him going and cope with post-transplant issues.



#### Webinars

A series of webinars were conducted addressing various concerns of the patients awaiting a transplant as well the transplant recipients.



World Kidney Day Special -

'Self-Examination to Detect Nutritional Deficiencies in Dialysis patients' - Conducted in collaboration with Nephroplus





MOHAN Foundation in collaboration with Nephroplus conducted two webinars to educate dialysis patients and their care givers during the occasion of 'World Kidney Day' in March 2022. These sessions were conducted in assosiation with IFKF-WKA and supported by SBI Foundation and SBI Card.

**Motivating Dialysis patients** - a patient perspective on 'Kidney Transplant and its impact on life: A positive approach"



#### **Invited lecture**

#### IFKF-WKA invites TRIOMPH to share patient perspectives on 'Health Food for Health Kidneys'

On August 20, 2021, IFKF-WKA (International Federation of Kidney Foundations - World Kidney Alliance) conducted a panel discussion on "Healthy Food for healthy Kidney", where in Ms Jaya Jairam, Project Director was invited to share her perspectives as a patient with end-stage kidney disease and transplant recipient. This session was conducted as part of raising awareness about consuming healthy kidney-friendly food. and





### Educational & Support Workshops for Dialysis Patients - on 'Kidney Transplant: A Gift of Life'

MOHAN Foundation, through TRIOMPH has initiated a series of multilingual patient education workshops for dialysis patients across India on 'Kidney Transplant – a Gift of Life', educating the patients and their caregivers about-

- Improved quality of life post-transplant,
- · Costs economics involved,
- Options, processes and legalities involved in living (related / unrelated, matched/non-matched) and cadaveric kidney donations
- · Avenues for financial help

MOHAN Foundation's own transplant coordinators are the resource persons for these educational workshops that are conducted in local languages. The workshops also include interactions with a Kidney recipient and a kidney donor. Such interactions serve to provide support and confidence through exchange of first-hand learnings. The main objective is to empower the patients, so that it leads to an increase in the patients' desire and ability to take up a more active role in decision-making, thereby enabling them to stay in control of outcomes, in alignment with their individual health goals, thus overall, improving their quality of life.

#### Telugu - 2 sessions



**July 2021 - 195 participants**The sessions garnered 1245 views on
Facebook and YouTube

#### Marathi - 1 session



November 2021 - 25 participants

It was viewed by 757 on Facebook

and YouTube

#### Kannada - 1 session



January 2022 - 100 participants
Conducted in collaboration with
Nephroplus Dialysis Centre

#### Tamil - 4 sessions

## August & September 2021 110 participants

Conducted in collaboration with TANKER (Tamil Nadu Kidney Research) Foundation)

### September 2021 - 30 participants Conducted in collaboration with Nephroplus Dialysis Centres - It was viewed by 234 individuals on

Facebook and YouTube



#### Hindi - 2 sessions



August 2021 290 participants It was viewed by 509 on Facebook & YouTube

### **English - 1 session**



March 2022
478 participants
A recipient - donor
couple was invited
to share their
experiences



#### **CARE FOR YOUR KIDNEYS**

'Care For your Kidneys' Project is an initiative launched by MOHAN Foundation in association with Care for your Kidney Foundation. The main objective of this project was to raise awareness about Protection of kidneys and Prevention of Kidney damage, through public education. Under this project, informative articles and Social media posts were published, and educational webinars were conducted by invited experts, on the following topics relating to causes and prevention of kidney damage -

- Preventing High Blood pressure to Protect Kidneys
- Diabetes and Chronic Kidney Disease
- Prevention of Kidney Stones to safeguard kidneys
- Urinary Tract Infections Prevention & Management
- Diet, Salt and Water considerations protecting kidneys
- Smoking and Kidney Disease
- Painkillers and Kidney Disease
- Alcohol and Kidney Disease
- Protein intake and Kidney disease
- Antibiotics and Kidney Diseases
- Uric Acid and Prevention of kidney disease
- Drug Holiday and Kidney disease







- 3,500 views

- 483 views

- 121 views

- 126 views

- 83 views

#### Informative Vlogs (Video Logs) posted on Youtube







#### ANUDAAN - MAKING TRANSPLANTS AFFORDABLE

Anudaan - Making Transplants Affordable has been committed to making life saving organ transplantation accessible to all those who need it in India. This initiative aims to enable and support financial assistance for organ transplantation for economically disadvantaged patients through crowd funding. One becomes eligible for help under the Anudaan initiative for a grant if their annual household income is less than or equal to Rs. 5 lakhs a year. The hospital is expected to offer support to the poor patient via a subsidized transplant cost, possiblyunder their CSR. Finally, the Anudaan Committee also reviews and evaluates overall funds that are raised through commitment by self, family, friends or through other Trusts or Foundations and understand the gaps and thereafter commit its support by acting as a bridging organisation.

### Transplants Supported in 2021 - 2022



### Organ Transplants Supported by Anudaan





















Baby Deeksha underwent Liver Transplant on October 19, 2021 Anudaan contributed Rs. 2.5 lakh and worked with the hospital to bring down the transplant cost "Lots of gratitude to MOHAN Foundation's Anudaan team for saving our daughter's life with their financial support. We are impressed by their good and lifesaving work." - Mr Prasanna Kumar P, Father





Master Kabyanee Parashar Liver Transplant September 24, 2021



Master Aryan Kumar Liver Transplant September 29, 2021



Master Likhith SD Liver Transplant December 28, 2021



Master Addwikh Tejj Liver Transplant December 24, 2021



Mr. Ganesh Ghorpade Kidney Transplant February 02, 2022



Master Sandeep K B Liver Transplant February 21, 2022



Master Naitik Chugwani Liver Transplant February 10, 2022



**Baby Pihu Singh** Liver Transplant February 16, 2022



Mrs Amruta Rupesh Pakhale Kidney Transplant February 21, 2022



Master Iyan Gupta Liver Transplant February 23, 2022

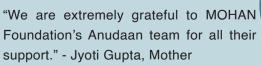


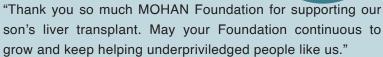
Baby Ishwari Ganesh Satav Liver Transplant March 11, 2022



Master Hardhik Singh Liver Transplant March 17, 2022

Master Devyansh Dev Liver Transplant - December 31, 2021 Anudaan contributed Rs. 3 lakh





- Mr Rajiv Prasad Gupta, Father

### **Corneal Transplants supported by Anudaan** With support from Century Plyboards India Limited



Corneal Transplant January 10, 2022



Corneal Transplant November 02, 2021



Mr Kashi Nath Dixit Corneal Transplant November 06, 2021



Century Plyboards India Limited decided to undertake the cause of organ and corneal donation in collaboration with MOHAN Foundation. They have contributed towards 'Anudaan - Making Transplants Affordable' to support corneal transplants of underprivileged patients, thereby giving them the gift of sight. They also created a motivational film on corneal donation.

https://www.mohanfoundation.org/anudaan.asp



#### TRANSPLANT REGISTRY

MOHAN Foundation has been instrumental in setting up and maintaining web-based registry of brain dead organ donors & patients awaiting transplant for the following states

- Tamil Nadu www.tnos.org
  Tamil Nadu Network for Organ Sharing
- Kerala www.knos.org.in
  Kerala Network for Organ Sharing
- Rajasthan www.rnos.org
  Rajasthan Network for Organ Sharing

The purpose of Transplant Registry is to collect transplant related data from various centres in the state and to be able to collate the data to derive the following information -

- Waiting list of recipients from various centers
- Deceased organ and tissue donation data
- Deceased donor data
- Organ distribution
- The number of transplants done in the state
- Essential demographic data of Patients undergoing transplants







#### **PUBLICATIONS**

#### **Indian Transplant Newsletter**



The Indian Transplant Newsletter (ITN) is being published since 1998 and is currently in its 64<sup>th</sup> issue.

The newsletter carries national and international news on organ donation and transplant programme.

www.itn.news.co.in

### **National Journals**

 Organ donation and the medicolegal aspects: A process analysis study of the Indian states

Thyagarajan I, Kanvinde H, Shroff S, Sahi MK. Organ donation and the medicolegal aspects: A process analysis study of the Indian states Observational study. Indian J Transplant 2022;16:184-8.

- Organ commercialism, trafficking and transplant tourism
   Sahi MK, Shroff S, Navin S, Kumar P. Organ commercialism, trafficking and transplant tourism. Indian J Med Ethics. 2022 Apr-Jun;VII(2):142-149. doi: 10.20529/IJME.2021.056. Epub 2021 Jul 28. PMID: 34730094.
- Deception and deceit in living kidney transplant program

Mathew TR, Sahi MK, Shroff S, Kumar P, Pokhariyal S, Jain S. Deception and deceit in living kidney transplant program. Indian J Transplant 2022;16:119-26.



#### **International Forums**



#### MOHAN Foundation Partners with NAUS for Deceased Donor Kidney Transplantation Symposium

MOHAN Foundation was invited to partner with Nepal Association of Urological Surgeons (NAUS) for a symposium on Deceased Donor Kidney Transplantation as part of the UROCON 2021 - the 6th Annual Hybrid Conference of NAUS on April 16 - 17, 2021. The conference was held at Park Village Resort, Kathmandu, Nepal which included a deceased donor Kidney transplantation



symposium planned on April 17, 2021. The symposium was a platform for South Asian countries' urologist to discuss the challenges and advancements related to deceased donor kidney transplantation.

#### MOHAN Foundation's Expertise Sought in the UAE's Ogan Donation Programme







MOHAN Foundation was invited to Abu Dhabi by the UAE Organ Donation and Transplant Committee from November 22 - 25, 2021. As UAE celebrates its 50th National Day and takes a focused look at its organ donation program. Home to over 200 nationalities, Indians constituting 38% of the total population, they are keen to work with other countries where these expatriates come from to understand each community better. Visits to transplant centres and engaging discussions with the MoHAP (Ministry of Health and Prevention) and other private and public stakeholders marked the visit to discuss collaboration and knowledge exchange. Other delegates from Pakistan, Bangladesh, Nepal, Kuwait, Jordan and US too were part of these discussions.

#### **Awards & Accolades**

### **SABERA Lifetime Achievement** Award 2021



Sunil Shroff. Managing Trustee, MOHAN Foundation has been awarded the SABERA Lifetime Achievement Award 2021 for his pioneering work in the field of organ donation. The same was announced at SABERA grand virtual summit on December 9, 2021.

### First India Women of Substance Award 2021



On the occasion of International Women's Day, i.e, 8th March 2022, Mrs. Bhavna Jagwani (Convenor MFJCF) was presented with First India Women of Substance Award for Social Service 2022.



### FINANCIAL HIGHLIGHTS FOR THE PERIOD APRIL 2020 TO MARCH 2021

### Income

2020-2021	Particulars	2021-22
Amount In INR		Amount In INR
1,80,92,265.09	Grant Income	2,55,94,181.51
97,60,474.55	Donation Income	98,98,734.72
20,12,042.50	Other Income	35,69,288.81
2,98,64,782.14	Total	3,90,62,205.04

### **EXPENDITURE**

2020-2021 Amount In INR	Particulars	2021-22 Amount In INR
-	Improve Organ Donation Rate and its Eco-System	87,59,707.73
1,72,98,404.29	Training and Technology to promote organ donation	40,57,722.72
43,53,623.93	Other Programme Expenses	1,27,13,360.94
38,56,334.00	Personnel Cost Other than Grant	67,61,737.00
3,20,773.28	Admin Expenses Other than Grant	9,78,339.40
40,35,646.64	Excess of Income over Expenditure	57,91,337.25
2,98,64,782.14	Total	3,90,62,205.04

### LIABILITIES

2020-2021	Particulars	2021-22
Amount In INR		Amount In INR
2,25,11,379.71	Trust Fund	2,80,18,830.97
14,07,454.73	Capital Fund	13,44,839.25
38,09,815.97	Current Liabilities	37,82,098.27
2,77,28,650.41	Total	3,31,45,768.49

### **ASSETS**

2020-2021	Particulars	2021-22
Amount In INR		Amount In INR
14,07,454.73	Fixed Assets	13,44,839.27
1,15,80,714.00	Investments	1,86,03,384.00
53,02,720.34	Current Assets	20,12,926.40
94,37,761.34	Cash at Bank	1,11,84,618.83
2,77,28,650.41	Total	3,31,45,768.50



### **OUR SUPPORTERS**









## TATA TRUSTS





















**Trans Asia Consultants Pvt. Ltd** 









Maharishi Dayanand **Education Society Trust** 







Donate organs... Save lives...

www.mohanfoundation.org
Toll Free Helpline 1800 103 7100